

## LESSON 2

### Mental and physical development

#### **NOUNS**

**ability**= capability- responsibility

**adolescent**= a young person who is developing from a child into an adult.

**behavior**= the way that sb behaves especially towards other people.

**childhood**= the period of sb's life when they are a child.

**concept**= abstract- an idea or a principle that is connected with sth.

**consequence**= a result of sth that has happened.

**gesture**= a movement that you make with your hands, your head or your face to show a particular meaning.

**growth**= the process of growing physically, mentally or emotionally.

**height**= the quality of being tall or high.

**imagination**= something that you have imagined rather than sth that exists.

**infancy**= the time when a child is a baby or very young.

**infant**= a baby or a very young child.

**knowledge**= the information, understanding and skills that you gain through education or experience.

**maturity**= the state of being fully grown or developed.

**memory**= your ability to remember things.

**milestone**= a very important stage in the development of sth.

**mind**= intellect- the part of a person that makes them able to be aware of things, to think and to feel.

**peers**= a person who is the same age or who has the same social status as you.

**period**= a particular length of time.

**phase**= a stage in a process of change or development.

**rate**= a measurement of the speed at which sth happens.

**Reminder**= something that makes you think about or remember sb/sth, that you have forgotten or would like to forget.

**social skills**= improving your position in society.

**skill**= the ability to do sth well.

**stage**= period- state

**toddler**= noun a child who has only recently learn to walk.

**transition**= a period of changing from one state to another.

### **ADJECTIVES**

**abstract**= existing in thought or as an idea but not having a physical reality.

**cognitive**= connected with mental process of understanding.

**clumsy**= done without skill.

**fond**= finding sth pleasant or enjoyable, especially sth you have liked or enjoyed for a long time.

**fully- grown**= having reached the greatest size to which they can grow and stop growing.

**immature**= not fully developed or grown.

**independent**= confident and free to do things without needing help from other people.

**irresponsible**= not thinking enough about the effect of what they do.

**mature**= fully grown and developed.

**patient**= able to wait for a long time or accept annoying behavior or difficult without becoming angry.

**rebellious**= unwilling to obey rules or accept normal standards of behavior, drees, etc.

**significant**= large or important enough to have an effect or to be continued.

**tolerant**= able to accept what other people say or do even if you don't agree with it.

### **VERBS**

**acquire**= to gain sth by your own efforts.

**develop**= grow bigger.

**gesture**= to move your hands, head, face etc. as a way of expressing what you mean or want.

**grow**= to become bigger or taller in size, number, strength or quality.

**imitate**= to copy the way a person speaks or behaves.

**look back**= to think about sth in your past.

**master**= develop a skill to high level- to learn sth completely.

**mature**=become fully grown.

**remember**= have something on your mind.

**remind**= to help sb remember sth important that they must do.

**reminisce**= to think, talk or write about a happy time in your past.

**throw a tantrum**= become angry.

**visualize**= imagine- to form a picture of sb/sth in your mind.

**ADVERBS**

**typically**= used to say sth usually happens in the way that you are stating.

**PHRASES WITH MIND**

**bear in mind**= to remember sth/sb.

**broaden the mind**= helps you to understand other people's beliefs.

**have something in mind**= to be thinking of sb/sth especially for a particular job, etc.

**have something on your mind**= you are thinking or worrying about them.

**in slipped my mind**= you forget it or forget to do it.

**keep an open mind**= to be willing to listen or to accept new ideas or suggestions.

**my mind went blank**= I couldn't remember anything.

**put your mind at ease**= make yourself less worried.

**Vocabulary note**



The prefix **im-** is often in front of adjectives beginning with **b**, **m** or **p** to form the opposite or to show that something is lacking: **immature**, **impossible**. Similarly, **ir-** often comes in front of words beginning with **r**, **il-** often comes in front of words beginning with **l** and **in-** front of other words: **irresponsible**, **illegal**, **insensitive**. However, there are exceptions: **unbelievable**, **displeased**, **unlikely**, **unpopular** etc. the prefix **over-** can also be negative, meaning too much: **overdeveloped**, **overdue**, **overcrowded**, **over sensitive**.

**Error warning**

**Grow** can be used with plants: we could grow flowers and trees here. Or with things: the business is growing rapidly. But **grow up** can only be used with people or cities: the city grew up from a small group of houses near the river. **Grow up** is intransitive, which means you can't use it with an object. NOT ~~the government grew up the city.~~

**Error warning**

**Remember**= to have a memory in your mind.  
I **remember** my first day at school.  
**Remind**= someone or something helps you to remember something. **Remind** is not usually used with the subject **I**. it reminds me of when I lived in Egypt. NOT ~~I remind of when.~~ You remind me of my sister. NOT ~~I remind me of.~~